## Notes – Potential Energy

Potential Energy	The		
Types of Potential Energy	rubber band.	types of potential energy  — anything that acts like a together creates a higher potenti	
	stretching a	to flip ato flip a	at your friend
	things work, even the		
	3 o gravity o	any object that can	because
		ects have more energy because they	can fall further.
	Objects with morehave also have higher potential energy than low mass objects		
Examples of Gravitational Potential Energy	ramp.	in asetting at the	
When is Potential Energy the Highest?	When the At the When the	point of the pendulum s	wing.

Kinetic vs Potential Energy	Kinetic energy can be to potential energy and then back again depending on the object's and
	Draw the roller coaster and label where potential energy and kinetic energy are the highest and lowest.
	Draw the example of the ball being thrown into the air and label where potential and kinetic energy are the highest and lowest.